

Some people get into debt by buying things they do not need and can't afford.

What are the reasons for this behavior?

What action can be taken to prevent people from having this problem?

Unfortunately most of the times individuals decide to purchase what they do not necessarily need ~~which the whose~~ outcome is obvious, it remains useless for a long period of time, in one corner of ~~the~~ house, and may be thrown away after ~~some a~~ while. But ~~why do they do so and how can they can-~~ plan not to waste their money in this way? This essay is going to find some answers to these two questions.

Obtaining a distinguished social prestige may be the very first reason ~~which~~ persuades people to behave in this way. Having some technologically innovative apparatuses at home, a luxury car or varied precious ~~costumes clothing~~ marked by special and well-known brands may lure us to expend our money to acquire them or even take loans from banks to provide enough money to reach the goal of buying them. On the other hand, not being utterly aware of the main aspects and applications of the devices bought, could tempt us to be entangled in the trap of their procurement.

By the way/~~moreover~~, it could be highly recommended that, whenever you decide to shop, ~~you~~ postpone your decision to some time in the future ~~and refute its immediate implementation~~. This method is substantially suggested by many ~~psychologists~~ to ~~avoid prevent~~ people from hasty decision-making ~~and which~~ will result in dramatically ~~sophisticateding~~ consequences not only in shopping but also in all other aspects of our lives. Furthermore, in the moment of purchasing just ~~you must take~~ advantage of asking yourself how ~~I-you~~ could benefit from it. By clarifying its real Capabilities, you can enjoy the reality versus ~~illusion~~ of applications the purchased device has.

In conclusion, avoiding ~~of~~ buying ~~not necessary~~ equipment and protecting ourselves from further irrational expenditures is possible by performing some methods as mentioned above.